

The Italian Gemmos and Wellness Journey 2025

with Nature Provides

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interest!

Sunday

MAY 4th: Turin

- **Hotel in Turin:** NH Collection Torino Santo Stefano: Your accommodation for the night

Monday

MAY 5th: Turin to Melle

- **Melle Plant Buds Collection:** Start your journey by collecting plant buds in the charming town of Melle, known for its natural beauty and plant-rich environment.
- **Plant Bud Extraction Workshop:** Learn the art of extracting essential compounds from the collected buds in an engaging workshop.
- **Hotel in Turin** NH Collection Torino Santo Stefano : Your accommodation for the night

Detailed program of the day

- 07:30 AM:** Meet at Turin Central Station Bus Parking and departure by bus to Melle (CN)
- 09:00 AM:** Plant buds picking experience
- 12:00 AM:** Arrival in Melle (CN) and Lunch – “Dusman Pian Pietro” - Busca CN
- 03:00 PM:** Plant buds maceration techniques and tour of the facility
- 05:00 PM:** Departure for Turin (1.5hr)
- 07:30 PM:** Dinner
- 09:00 PM:** Overnight Hotel NH Collection Torino Santo Stefano

Tuesday

MAY 6th: Como

- **Discovering Lake Como:** Embark on a captivating journey through the stunning landscapes of Lake Como. Join Joseph Cannillo and a knowledgeable local guide as they reveal the rich history, culture, and natural beauty of this iconic Italian destination.
- **Late night Flight to Bari**

Detailed program of the day

07:00 AM: Breakfast and Check out from Hotel



07:30 AM: Departure by bus to Como (CN)

10:00 AM: Discovering Lake Como

03:00 PM: Free afternoon in Como

06:00 PM: Departure to Milan Airport

10:00 PM: Flight to Bari

 Operato da Malta Air	22:40 Milano Malpensa	FR 6615  1 h 40 m	00:20 Bari	Tariffa Basic 31,89 €	Seleziona
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01:00 AM: Arrival at Trani



Wednesday

MAY 7th: Corato

- **Forza Vitale Laboratories:** Explore the production facilities of "Forza Vitale" and gain insights into the world of natural remedies.
- **Clinical Training:** Attend a clinical training session with Joseph Cannillo, deepening your knowledge of concentrated gemmotherapy.
- **Hotel Maré****:** Return to your comfortable hotel for the evening.

Detailed program of the day

09:00 AM: All morning Free

02:00 PM: Visit the "Forza Vitale" production laboratories

04:00 PM: Training session on the use of concentrated gemmotherapy with Joseph Cannillo

07:30 PM: Dinner – "Bottega dell'Allegria" Corato

10:00 PM: Overnight at Hotel Maré



Thursday

MAY 8th: Parco dell'Alta Murgia

- **Wild Herb Collection:** Explore the Parco dell'Alta Murgia and gather wild herbs, connecting with nature.
- **Spagyria Workshop:** Engage in a workshop on Spagyrics, a fascinating alchemical practice.
- **Cooking Class:** Learn to prepare traditional Puglian dishes and enjoy a light lunch at Le Masserie Zucaro
- **Castel Del Monte:** Visit the iconic Castel Del Monte, a UNESCO World Heritage Site, and marvel at its architectural brilliance.

Detailed program of the day

- 08:00 AM:** Breakfast
- 09:00 AM:** Wild herb collection in Parco dell'Alta Murgia
- 11:00 AM:** Spagyrics workshop
- 12:30 PM:** Cooking class featuring traditional Puglia dishes & Light Lunch
- 02:00 PM:** Visit to Castel Del Monte
- 03:00 PM:** Return to Hotel & free time
- 08:30 PM:** Dinner
- 10:00 PM:** Overnight at Hotel Maré



Friday

MAY 9th: Gemmotherapy Classes

- **Spagyria Workshop:** Engage in a workshop on Spagyrics, a fascinating alchemical practice.
- **Gemmotherapy:** The use of plant stem cells with Joseph Cannillo

Detailed program of the day

- 08:00 AM:** Breakfast
- 09:00 AM:** Training class @ PriMa
- 12:30 AM:** Light Lunch
- 03:00 PM:** Training class @ PriMa
- 08:30 PM:** Dinner
- 10:00 PM:** Overnight at Hotel Maré



Saturday

MAY 10th: Polignano and Alberobello

- **Polignano and Alberobello City Tour:** Discover Polignano a Mare and Alberobello.
- **Lunch:** Savor local cuisine at a restaurant of your choice.
- **Return to Trani:** Head back to Trani for your final night in this charming town.

Detailed program of the day

- 07:00 AM:** Breakfast
- 07:30 AM:** Departure by bus for Polignano
- 09:00 AM:** City tour
- 01:00 PM:** Lunch in Alberobello
- 05:00 PM:** Return to Corato
- 07:30 PM:** Dinner in Trani
- 10:00 PM:** Overnight at Hotel Mare



Sunday

MAY 11th: Departure

- **Check-Out and Departure:** Upon checking out of Hotel Mare, transportation will be provided by Forza Vitale to get you to the Bari airport or train station ensuring a smooth transition as your journey concludes.

Single Occupancy: \$5,499.00 USD
Double Occupancy: \$4,699.00 USD

Note: Cost includes meals, transportation, and hotels while in Italy and multiple private education sessions with Dr. Joseph Cannillo May 4-11th.

LINKS:

NH Collection Torino Santo Stefano
Hotel Maré
Polignano
Alberobello

Please note that flights to and from Italy are not included in the trip price, so you'll need to arrange those separately.



HIGHLIGHTS ABOUT PLACES WE WILL VISIT

ENCHANTING JOURNEY THROUGH ITALY: A SYMPHONY OF NATURE, BEAUTY, AND CULTURE

Turin: The Mystical Heart of Italy

Our journey begins in Turin, a city where the love of nature intertwines with the mystical beauty of Italian culture. Nestled against the backdrop of the Alps, Turin's elegant squares and grand boulevards are adorned with baroque architecture, echoing tales of alchemy and ancient secrets. The city's lush parks, such as Parco del Valentino, offer serene landscapes perfect for a leisurely stroll. As we explore the enigmatic Egyptian Museum, the second largest in the world, and the Shroud of Turin, we are reminded of the city's deep-rooted symbolism and its place in the heart of alchemical lore.

Lago di Como: Nature's Mirror

Next, we venture to the breathtaking Lago di Como, where the lake's crystal-clear waters reflect the surrounding mountains, creating a scene of unparalleled natural beauty. The love of nature is palpable here, with verdant gardens and charming villages dotting the shoreline. As we wander through the picturesque town of Bellagio, often referred to as the "Pearl of the Lake," we are immersed in the tranquility and elegance that have inspired poets and artists for centuries. The beauty of Lago di Como is a testament to nature's artistry, a living symbol of serenity and grace.



Polignano a Mare: Coastal Charm

Our journey then takes us to Polignano a Mare, a gem perched on the edge of the Adriatic Sea. This coastal town, with its dramatic cliffs and azure waters, embodies the raw beauty of nature. The ancient town center, with its labyrinth of narrow streets and whitewashed buildings, offers a glimpse into the timeless charm of Italian culture. As we stand on the terrace of the iconic Lama Monachile, the panoramic view of the sea and the rugged coastline evokes a sense of awe and wonder. Here, the love of nature and the beauty of the place come together in a harmonious symphony, celebrating the enduring allure of the Italian coast.

Alberobello: The Trulli Village

Our final destination is Alberobello, a UNESCO World Heritage site known for its unique trulli houses. These conical-roofed dwellings, built from local limestone, are a marvel of architectural ingenuity and a symbol of the region's rich cultural heritage. Walking through the streets of Alberobello, we are transported to a bygone era, where each trullo stands as a testament to the craftsmanship and creativity of its builders. The town's enchanting atmosphere, combined with the surrounding olive groves and vineyards, offers a perfect blend of natural beauty and cultural significance. In Alberobello, the love of nature and the deep-rooted symbolism of Italian tradition are woven together in a tapestry of unforgettable experiences.

Embracing the Journey

As we journey through these enchanting places, we are not just travelers, but seekers of beauty, nature, and culture. Each destination offers its unique charm and profound symbolism, inviting us to delve deeper into the heart of Italy. From the mystical allure of Turin to the serene waters of Lago di Como, the coastal charm of Polignano a Mare, and the architectural wonders of Alberobello, our adventure is a celebration of the love of nature and the timeless beauty of Italian culture.



ADVANCED BOOKING

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your
interest!

EXCLUSIVE EARLY BOOKING OFFER: SECURE YOUR SPOT AND ENJOY SPECIAL BENEFITS

We are excited to offer an exclusive early booking opportunity for our upcoming enchanting journey through Italy and the discovery of gemmotherapy. By securing your spot in advance with a deposit, you'll not only guarantee your place on this unforgettable adventure but also enjoy a range of special advantages designed to enhance your travel experience.

Here are the benefits you'll receive by booking early:

- **Discounted Price:** Save on the total trip cost with our special early booking discount. This exclusive rate is only available to those who secure their reservation in advance.
- **Flexible Cancellation Policy:** Enjoy peace of mind with our flexible cancellation policy. Cancel your booking until the end of September without any cost, ensuring you can plan with confidence.
- **Priority Access to Premium Accommodation:** Early bookers will have first choice of our premium accommodation options, ensuring you stay in the most comfortable hotel rooms throughout the journey.
- **Complimentary Welcome Package:** Receive a complimentary welcome package, including free supplements and cosmetic products and local delicacies.



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